

Objective A: Knowing and understanding

- i. describe physical and health education factual, procedural and conceptual knowledge
- ii. apply physical and health education knowledge to explain issues and solve problems set in familiar and unfamiliar situations
- iii. apply physical and health terminology effectively to communicate understanding.

Objective B: Planning for performance

- i. outline goals to enhance performance
- ii. design and explain a plan for improving physical performance and health.

Objective C: Applying and performing

- i. demonstrate and apply a range of skills and techniques
- ii. demonstrate and apply a range of strategies and movement concepts
- iii. outline and apply information to perform effectively.

Objective D: Reflecting and improving performance

- i. describe and demonstrate strategies to enhance interpersonal skills
- ii. explain the effectiveness of a plan based on the outcome
- iii. explain and evaluate performance.

Health and Physical Education Year 3 Summative Assessment Criteria Rubric

Level	Criteria A: Knowing and Understanding	Criteria B: Planning for Performance	Criteria C: Applying and Performing	Criteria D: Reflecting and Improving Performance
1-2	i. recalls physical and health education factual, procedural and conceptual knowledge ii. identifies physical and health education knowledge to outline issues and suggest solutions to problems in familiar situations iii. applies physical and health terminology to communicate understanding with limited success.	i. states a goal to enhance performance ii. outlines a limited plan for improving physical performance and health.	i. recalls and applies skills and techniques with limited success ii. recalls and applies strategies and movement concepts with limited success iii. recalls and applies information to perform.	i. identifies strategies to enhance interpersonal skills ii. states the effectiveness of a plan iii. outlines performance.
3-4	i. states physical and health education factual, procedural and conceptual knowledge ii. identifies physical and health education knowledge to outline issues and suggest solutions to problems set in familiar situations iii. applies physical and health terminology to communicate understanding	i. lists goals to enhance performance ii. outlines a plan for improving physical activity and health.	i. demonstrates and applies skills and techniques with limited success ii. demonstrates and applies strategies and movement concepts with limited success iii. identifies and applies information to perform.	i. identifies and demonstrates strategies to enhance interpersonal skills ii. states the effectiveness of a plan based on the outcome iii. outlines and summarizes performance.

5-6	<p>i. outlines physical and health education factual, procedural and conceptual knowledge</p> <p>ii. applies physical and health education knowledge to describe issues and to solve problems set in familiar situations and suggest solutions to problems set in unfamiliar situations</p> <p>iii. applies physical and health terminology consistently to communicate understanding.</p>	<p>i. identifies goals to enhance performance</p> <p>ii. designs a plan for improving physical activity and health.</p>	<p>i. demonstrates and applies skills and techniques</p> <p>ii. demonstrates and applies strategies and movement concepts</p> <p>iii. identifies and applies some information to perform effectively.</p>	<p>i. identifies and sometimes demonstrates strategies to enhance interpersonal skills</p> <p>ii. describes the effectiveness of a plan</p> <p>iii. outlines and summarizes performance.</p>
7-8	<p>i. describes physical and health education factual, procedural and conceptual knowledge</p> <p>ii. applies physical and health education knowledge to explain issues and solve problems set in familiar and unfamiliar situations</p> <p>iii. applies physical and health terminology consistently and effectively to communicate understanding.</p>	<p>i. outlines goals to enhance performance</p> <p>ii. designs and explains a plan for improving physical performance and health.</p>	<p>i. demonstrates and applies a range of skills and techniques</p> <p>ii. demonstrates and applies a range of strategies and movement concepts</p> <p>iii. outlines and applies a range of limited information to perform effectively.</p>	<p>i. identifies and demonstrates strategies to enhance interpersonal skills</p> <p>ii. describes the effectiveness of a plan based on the outcome</p> <p>iii. describes and summarizes performance.</p>